



5 Extra Psalms to Memorize

A Free Devotional Bonus

HOW TO USE THIS GUIDE

Read one verse each day. Write your reflection, turn it into a short prayer, and repeat the verse throughout the day to help it take root in your heart and memory.



Psalm 23:1

“The LORD is my shepherd; I shall not want.”

David wrote this psalm as a shepherd who knew exactly what it meant to provide, protect, and guide a flock. When you call God your shepherd, you are trusting Him to lead you through every season — including the uncertain ones.

REFLECT

What does it mean to you that God is your shepherd?

PRAYER

Turn this verse into a one-line prayer, and keep writing as long as you like:

Tip: Write this verse on a sticky note and place it somewhere you'll see it daily this week.

Psalm 46:10

“Be still, and know that I am God.”

In the middle of chaos, God invites us to stop striving and simply rest in who He is. Stillness isn't giving up — it's choosing to trust that God is already at work.

REFLECT

Where in your life do you need to “be still” today?

PRAYER

Turn this verse into a one-line prayer, and keep writing as long as you like:

Tip: Say this verse out loud each morning before checking your phone.

Psalm 118:24

“This is the day which the LORD hath made; we will rejoice and be glad in it.”

This verse reminds us that today is not an accident. No matter what today holds, it was made by God — and that alone is reason enough to find something to be thankful for.

REFLECT

Write one reason you can rejoice about today.

PRAYER

Turn this verse into a one-line prayer, and keep writing as long as you like:

Tip: Set a reminder on your phone to review this verse at two different times today.

Psalm 121:1–2

“I will lift up mine eyes unto the hills, from whence cometh my help. My help cometh from the LORD, which made heaven and earth.”

The psalmist looked toward the hills and reminded himself that his true help came only from the Creator. When you feel overwhelmed, this verse is a call to look up before looking anywhere else.

REFLECT

Where do you usually turn for help in hard times?

PRAYER

Turn this verse into a one-line prayer, and keep writing as long as you like:

Tip: Read this verse phrase by phrase, pausing to picture each image it describes.

Psalm 34:8

“O taste and see that the LORD is good:
blessed is the man that trusteth in him.”

Faith isn't only something we think about — David invites us to experience God's goodness directly, the way you might taste and enjoy a good meal. This verse is an invitation to notice His care in your everyday life.

REFLECT

Recall a moment you have “tasted” God’s goodness.

PRAYER

Turn this verse into a one-line prayer, and keep writing as long as you like:

Tip: Share this verse with someone today — teaching it helps you remember it.



Thank You

We hope these verses bring you peace and draw you closer to God's Word.

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ONE MORE REFLECTION

What is one thing from these five psalms that you want to carry with you this week?
